

EMPTY BOWLS 2021

OCTOBER 2021

Women's History Month

October 1 – International Day of Older Persons (UN)

October 7 – Navaratri (to Oct. 14) (Hindu)

October 10 – World Mental Health Day (UN)

October 11 – Thanksgiving Day

International Day of the Girl Child (UN)

October 17 – International Day for the Eradication of Poverty (UN)

October 24 – United Nations Day

October 31 – Halloween

Home Suite Hope's signature fundraiser, Empty Bowls At Home, presented by Taylor Virtual Experience & Events, returns Oct. 17. For tickets, visit <https://www.canadahelps.org/en/charities/home-suite-hope-shared-living-corp/events/empty-bowls-at-home-2021/>



TRUTH & RECONCILIATION

Home Suite Hope recognized Canada's National Day for Truth & Reconciliation September 30, closing its office and taking time to reflect on the important issues and actions needed to move forward with Truth and Reconciliation with Canada's Indigenous peoples.

The designation of this day is in response to one of the Truth and Reconciliation Commission's 94 Calls to Action and is meant to honour survivors, their families, and communities. It also ensures the ongoing commemoration of the history and legacy of residential schools will remain a vital part of the reconciliation process. The reflection is one HSH remains committed to every day.

**National Day for
Truth and
Reconciliation**

FCT SCHOLARSHIP



Photo Courtesy FCT

FCT'S WILLIAM G. DAVIS SCHOLARSHIP RECIPIENT

Submitted by FCT

On August 25, we had the honour of awarding the 2021 William G. Davis Scholarship. Named for the late Honourable William G. Davis, a chairman of FCT's board, former education minister and Ontario's 18th Premier, the award has reflected his passion for education and investing in youth since its inception in 2015.

For the last three years, FCT has presented the William G. Davis Scholarship in partnership with Home Suite Hope (HSH), a charitable organization that supports single, unhoused or otherwise at-risk mothers and their families by providing them with housing, support networks, education funding and a path to self-sustainability. HSH reviewed numerous applications this year, but one stood out to them—Kyjuana Marksman.

Kyjuana has a keen interest in law, both Canadian and international, and a history of community involvement and leadership at school and in her church. For Kyjuana, the news she'd been awarded the scholarship came as a shock: "I didn't believe it! I thought it was a scam. Then my mom told me, and I believed her." Kyjuana's mother, Monell came with her to the award ceremony, describing her feelings as "beyond pride."

SCHOLARSHIP RECIPIENT



ABOUT KYJUANA

"I know that other people did it, the scholarship," said Kyjuana sitting down with us and HSH before the ceremony.

"So for you guys to choose me I feel

special, like I deserved it, which I haven't felt in a long time."

Kyjuana speaks four languages including French, Spanish and Korean, in the hopes that she can eventually reach more individuals around the world. Before she starts her law journey in Western University's political science program, she still has another year of high school ahead—a deliberate feature of the scholarship.



Photo Courtesy FCT

"A lot of the kids who apply aren't in Grade 12, they're in Grade 11, so they've still got another year," says Dr. Sara Cumming, the Executive Director at HSH. "The reason we included that age group is because if you can give them a sightline to post-secondary education, if they know that scholarship is sitting there, it's more likely they're going to look into school, it's more likely they're going to go."

Dr. Cumming speaks with passion and personal experience about breaking the cycle of intergenerational poverty. "That scholarship gives the next generation the possibility of enrolling in school, and to not repeat patterns. We work from the fundamental belief that if you can improve the mother's life, you will improve children's lives for years to come—it's not just in that moment."

StatsCan data shows an exit rate from low income stacked against lone mothers. Men are more likely than women on the whole to exit low income, and to spend less time there. One third of two-parent households exited low income from 2017 to 2018, versus just a quarter of lone-parent households. Single mothers are twice as likely to be low-income than single women without children, and the effect of that prolonged poverty extends far beyond one lifetime—but so can the benefits of assisting at-risk mothers.

"Long-term welfare use tends to be generational," Dr. Cummings explains. "If your mom was on welfare for your whole childhood there's a high likelihood you will also be on welfare. There's a lot of research that shows benefits if you put much more money into the single mother's life [...] we've estimated a social return of six dollars for every one invested. When you invest in people, you're not just investing in that one person, but that family, and the generations that come after."

Standing with Monell to address the attendees from FCT and HSH, Kyjuana said, "I'm so grateful for this because not everybody gets this [chance]. You believed in me, so I'm going to work so hard. I'm going to become an international lawyer." We can hardly wait, Kyjuana—congratulations.

For more, visit FCT at <https://fct.ca/blog/william-g-davis-scholarship-2021-home-suite-hope-hsh/>

EMPTY BOWLS RETURNS OCT. 17



EMPTY BOWLS HOME SUITE HOPE

GOLD SPONSORS \$5,000

FCT

Wagh Family Foundation

The Richardson Family

Date: Sunday October 17th, 2021
Deliveries from 11AM-2PM
Tickets Available through CanadaHelps

Taylor VIRTUAL EXPERIENCE & EVENTS

GOLD SPONSORS



EMPTY BOWLS HOME SUITE HOPE

SILVER SPONSORS \$2,000

Valet Marketing

RBC

PK RE

truLOCAL
CONNECTING YOU TO THE SOURCE.

Date: Sunday October 17th, 2021
Deliveries from 11AM-2PM
Tickets Available through CanadaHelps

Taylor VIRTUAL EXPERIENCE & EVENTS

SILVER SPONSORS

HAVE YOU PURCHASED YOUR TICKETS?

The 13th annual Empty Bowls is Sunday, October 17 from 11 a.m. to 2 p.m.

<https://www.canadahelps.org/en/charities/home-suite-hope-shared-living-corp/events/empty-bowls-at-home-2021/>



EMPTY BOWLS HOME SUITE HOPE

BRONZE SPONSORS \$1,000

TARRISON

PRECISE PARK LINK

URBAN MOBILITY

OrangeKeel

DETAIL GUYS CA

ENGEL & VÖLKERS

Date: Sunday October 17th, 2021
Deliveries from 11AM-2PM
Tickets Available through CanadaHelps

Taylor VIRTUAL EXPERIENCE & EVENTS

BRONZE SPONSORS



EMPTY BOWLS HOME SUITE HOPE

BREAD SPONSOR

COBS BREAD
LAKESHORE

Date: Sunday October 17th, 2021
Deliveries from 11AM-2PM
Tickets Available through CanadaHelps

Taylor VIRTUAL EXPERIENCE & EVENTS

BREAD SPONSOR

EMPTY BOWLS RETURNS OCT. 17

THANK YOU TO OUR SPONSORS!

Every year, the Halton community comes together in support of HSH's Empty Bowls presented by The Taylor Virtual Experience & Events.

Empty Bowls at Home 2021 will feature five soups from local chefs; bread for dipping; a ceramic bowl; a wooden serving spoon; and, delicious desserts – all delivered to your door!

The 13th annual edition of this fundraiser is taking its cue from last year's event as a virtual/home-delivery event rather than the traditional eat-in soup kitchen-style fundraiser.

The soup vendors will include: Kerr Street Cafe, The Green Eatery, No One Goes Hungry, Ritorno & Longo's with Cob's Bread (Lakeshore) to dip!

Desserts will be sponsored by a variety of grocers across Oakville including: Real Canadian Superstore, Fortinos Lakeshore, Metro Glen Abbey, and Farm Boy Bronte. Tickets cost \$100 and include Soup Kit Delivery – a box of goodies including four Soups, Bread, a Ceramic Bowl and Dessert + Delivery.

The Buy one, Give one offer, purchasing a soup kit for yourself and for an HSH family sold out in days!

PURCHASE TICKETS: <https://www.canadahelps.org/en/charities/home-suite-hope-shared-living-corp/events/empty-bowls-at-home-2021/>

FIND OUT MORE: <https://homesuitehope.org/2021/09/17/have-you-got-your-tickets-to-empty-bowls-at-home-2021/>



Longo's



KERR ST CAFE

CAFE & CATERING



SOUP SPONSORS



FORTINOS

metro



DESSERT SPONSORS

NEW TO HSH'S BOARD

TROY MCLEAN

HSH is pleased to welcome Troy McLean to its Board of Directors.

Troy joined Sotheby's International Realty Canada, Brokerage in August 2017, bringing with him over 20 years of Canadian and international industry experience, including 10 specialized years serving high net worth individuals, families, and entrepreneurs.

Troy is an accomplished professional who has more than 20 years of combined professional experience. His prior experience includes working as a lawyer, trust advisor, private banker and mortgage agent. He started his career as a lawyer, before transitioning to financial services, where he held progressively senior relationship roles in wealth management at RBC Wealth Management and TD Wealth Management.



Troy's career in the real estate sector began in 2012 through his involvement in new home construction, working as a licensed mortgage agent to help finance the building of communities across Canada. Troy earned a Bachelor of Arts degree at Queens University prior to receiving his law degree from Brunel University London. He belongs to the Law Society of England & Wales and the Estate Planners' Council of Halton. He currently has a professional focus on the communities of Burlington, Oakville, Toronto and the Greater Toronto Area specializing in the area of condos, new homes/pre-construction and single family homes.

THANK YOU

HSH GRATEFUL TO SHARON



Long-time Home Suite Hope volunteer and board member, Sharon Richardson, is leaving the board. Sharon first volunteered with HSH with a group of friends who made dinners to help out the participant parents. Sharon is a former HSH volunteer coordinator and a familiar face at HSH and its Empty Bowls signature fundraising event. Sharon has been involved in organizing this year's upcoming Empty Bowls fundraiser and she and her husband Blair are Gold Sponsors. Over the years, Sharon has raised more than \$160,000 for HSH through multiple funders, including the JP Bickell Foundation, the Waugh Family Foundation and personal funds.

Thank you for all your efforts and time Sharon!

NEW TO HSH'S STAFF

WELCOME MELISSA

HSH is pleased to welcome Melissa Carandang to its staff in the role of Development Assistant.

Melissa has worked in the non-profit community as an educator in childcare for the last 15 years. Within the last five years she has focused on community outreach and fundraising.

She has developed a passion for building connections and partnerships through experiences as a campaign manager for face-to-face fundraising. Melissa was able to launch successful campaigns for Sunnybrook, St. Michael's and Humber River hospital foundations, as well as CNIB, Save the Children & Canadian Blood Services. These experiences have given her a deep appreciation for how vital community programs are to help enrich and improve the quality of life for our region, one program at a time.

Melissa is a mother of three daughters and a son, all of whom motivate her to lead by example. They are active in Brazilian Jiu Jitsu as members, coaches and volunteers.

Melissa's family was able to help launch and support MNBJJ's collaboration with Halton Police to provide an eight-week, self-defence program for at-risk youths in the Halton region. They continue to give back as Melissa is currently working on launching a development 12-week basketball program for young girls with the Jr. NBA called Her Time to Play.

During the little down time she has, Melissa makes a conscious effort for 'ME' time, and enjoys trying new culinary experiences, hiking and any quiet time is always embraced! She is excited to contribute to the Home Suite Hope team and continually learn and grow in this new role. Welcome, Melissa!



Melissa and her daughters at a recent family celebration.

STAY TUNED FOR UPCOMING HSH EVENTS

THE FACES OF HSH

HSH published a new series last year, which proved so popular, it's returning for an encore this season.

The Faces of Home Suite Hope provides an in-depth look at the board members, staff, volunteers, mentors, Industry Council representatives - and the participants of Home Suite Hope.

This series offers a glimpse behind the faces of those involved with HSH, who they are, why they are connected to HSH and how their efforts combine to assist single-parent families move from homelessness to self-sufficiency on the journey from poverty to stability.

Watch HSH's social media and website throughout November as the various editions of the Faces of Home Suite Hope are released.



HOPE 4 HOLIDAYS - AN ANNUAL HSH TRADITION

HSH is preparing to launch its annual Hope 4 Holidays campaign in November.

This annual tradition sees local businesses, individuals and service clubs sponsor individual HSH participant families to provide gifts, gift cards and a dinner - all gift-wrapped and delivered - to HSH families as they each mark their family's holiday celebration.

For information on how you can get involved, please email Catherine Villasenor at cwillasenor@homesuitehope.org or info@homesuitehope.org.



SAGEN DELIVERS

AT BLUEBERRY FIELDS & BACK-TO-SCHOOL BACKPACKS

Thanks to the generous support of Sagen, in conjunction with Kits for a Cause, Home Suite Hope's single parents and their children, returning to classes this fall, received a backpack full of back-to-school essentials.

The backpacks were stocked by Sagen employees and delivered by Tamsen Metcalfe and then distributed to HSH's participants and their families – just in time for the start of school.

This effort came on the heels of Sagen employees rolling up their sleeves and donning their garden gloves to help out in HSH's Community Garden Blueberry Fields.

Thank you to Sagen, a long-time HSH supporter, for the ongoing support!

To become a corporate supporter of HSH, contact krystalv@homesuitehope.org.



COMMUNITY PARTNERS

HOME SUITE HOPE TEAMS UP WITH CRACK POT STUDIO

Since 2007, Crack Pot Studios has been part of Home Suite Hope's Empty Bowls event - hosting painting parties where participants purchase a bowl that they paint.



Traditionally, the attendees can purchase and paint a bowl, and they can choose to donate it to Empty Bowls - then the proceeds go to HSH.

Wilma Spence, owner of Crack Pot Studio, initially became involved with Empty Bowls after hearing about the event through Jodi French - an inaugural member of the Empty Bowls planning committee.

COVID-19 has drastically impacted small businesses, yet Wilma continues to show her support of Empty Bowls. Crack Pot Studio will be offering a 30% discount (\$22 incl. tax) to those who want to host a Bowl Painting-at-Home Party with their family, friends, and neighbours.

The goal is to get 270 bowls donated, painted, and baked by Wednesday, October 13, 2021.

To host a Bowl-To-Go Painting Party, please visit www.crackpotstudio.com

Attendees can choose to keep their painted bowl if they'd like, or donate it to Home Suite Hope's kits.



HSH WELCOMES STUDENTS

SHERIDAN SSW INTERN KAYELA

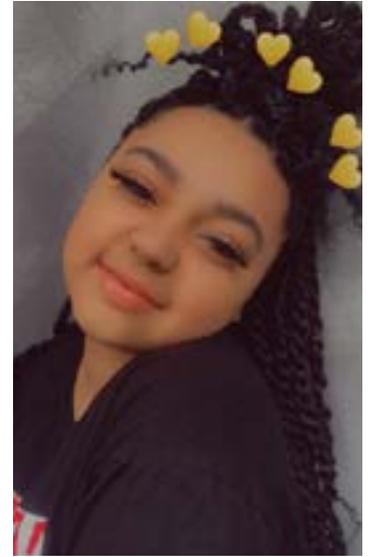
HSH Case Manager Nikkian Hanson and the entire team welcomes Kayela Velez-Holmes to the squad.

Kayela Velez-Holmes is completing her second year of the Social Service Worker Diploma program at Sheridan College.

Kayela will turn 19 this month. Originally from Toronto, she move to Oakville eight years ago. She lives with her Mom and three younger siblings. Descended from Latin and Caribbean roots, Kayela says she has a large extended family.

Kayela describes herself as someone who will always be that friend, co-worker, sibling, or partner who will challenge you to do better, overachieve your goals, and offer support.

She is very family-orientated so she treats everyone like family and makes sure everyone feels secure and overly-welcomed. I hope to learn everything there is to know about Home Suite Hope and how I can continue to contribute to the community and organization, she said.



YORK UNIVERSITY BSW INTERN JOE

In early September, HSH Case Manager Leah Burton welcomed Joseph Choi to the HSH team.

Joseph, who goes by Joe, is completing his final year in the Bachelor of Social Work program at York University.

Joe previously attended Sheridan College for the Child and Youth Worker (CYW) program.

He currently works as a CYW in a treatment home for youth ages 12-17 who have complex mental health challenges.

"I have worked in different settings, like custody and secure treatment. I'm looking forward to this new placement as this is a different population and work setting than I am used to. I'm really looking forward to truly learning about the great work that you all do and to meeting everyone soon," said Joe.



INTERNING WITH HSH

SHERIDAN SSW INTERN CASSANDRA



HSH Case Manager Nikkian Hanson and the team welcomes Cassandra Leggieri who is completing her second year of the Social Service Worker Diploma program at Sheridan College.

"I am very excited to be part of the HSH team and get a feel of the different areas in the Social Work field," said Cassandra. "I am a single mom to two boys ages 3 and 5 and they are my best friends even though sometimes they drive me crazy." Cassandra has been a hairstylist for 10 years so she has many years of experience working with people, specifically women.

"I like to think I'm a laid-back person with a great sense of humor! In the future, I hope to further my education and go to university to get my Bachelor in Social Work."

'X' UNIVERSITY BSW INTERN RUTH

HSH Case Manager Leah Burton welcomed Ruth Samuel to the team for an internship. Ruth is currently attending X University (formerly Ryerson University) where she is in the process of completing her final year of the BSW program. In case you are wondering why X University - the university is being renamed due to its namesake's colonial history involving Indigenous Peoples and the residential school system, explains Ruth, who is also a graduate of Centennial College's Social Service Worker program.

Currently, Ruth works as a shelter supervisor providing services to individuals who are experiencing homelessness due to varying reasons. I also have experience working with individuals who are deaf/hard of hearing and individuals with developmental/challenging behaviours.



"I look forward to my placement here at Home Suite Hope and the opportunity to be learning alongside each of you," said Ruth. Welcome!



Sheridan



SAGEN™

CHANGING THE PATTERNS OF POVERTY TO A LEGACY OF PROSPERITY